

fabric traditions



On The Go Pillow

SKILL LEVEL: BEGINNER

CRAFTING TIME: 1 HOUR

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Supplies & Tools

- 1 yard ___ fabric for front and back of pillow
- 1 yard ___ fabric for pocket and lining
- 18x18 pillow form
- 1 yard 40" wide single side fusible interfacing
- Sewing Machine
- Basic sewing kit: scissors, pins, needle and thread to match, marking tools, and rule

Directions

- 1.** Cut your fabric and interfacing as follows: 1 piece of 18"x18" fabric for the front, 1 piece of 11"x18" for the pillow pocket, 1 piece of 11"x18" for the pocket lining, 2 pieces 12"x18" for the pillow back, 1 piece 18"x18" and 1 piece 11"x18" of interfacing.
- 2.** Taking the 18"x18" piece of fusible interfacing, place it on the wrong side of your front fabric piece. With the smaller piece of interfacing (11"x18"), place it on the wrong side of your pocket fabric piece. Make sure that the fusible side is touching each fabric piece. Follow the directions on the fusible interfacing package for application.
- 3.** Take your pocket piece and pocket lining and place right sides together. Stitch along the top edge of the pocket using a 1/2" seam allowance.
- 4.** Turn pocket right side out and press the top seam of the fabric so it lays flat. Top stitch along the edge of the pocket.
- 5.** Place the pillow pocket on the pillow front piece so that the bottom of the pillow and the pocket are lined up. Baste in place along the two side seams.
- 6.** Create an envelope backing for your pillow with the following steps: Fold under 1/2" on both of your 12"x18" pillow back pieces making sure the fold is along the long sides (18" sides). Press and stitch in place. This is to conceal the raw edges.

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Directions

- With the pillow front facing up, line up the raw edge of one of the pillow back pieces with the top of the pillow front making sure the right side of the fabric is face down. Pin in place along the raw top edge.
- 7.
- Repeat previous step with the second pillow back piece, but making sure this raw edge lines up with the bottom of the pillow front. Both back pieces should now be over lapping each other. Pin around the remainder of the pillow making sure to pin down the back piece overlaps.
- 8.
- Stitch around the pillow using a 1/2" seam allowance. Make sure to back stitch over the back pieces meet for extra stability.
- 8.
9. Clip the corners and turn right side out. Insert the pillow form and enjoy!

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