fabric traditions

TEAM FLEECE LOUNGE PANTS

SKILL LEVEL: BEGINNER

CRAFTING TIME: 3 HOURS

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Supplies & Tools

- Team Fleece yardage to be determined after pattern is drawn.
- 1 - 1.5 yards of 7/8" elastic
- Pattern paper (*can use brown craft paper, or any solid colored fabric. Tap together to create proper length.
- Basic Sewing Supplies (Pins, needles, scissors, thread, etc.)
- Sewing Machine
- Safety Pin

Directions

1. Find a pair of pajama pants that fit you well. Fold your pants in half length wise and place them on top of your pattern paper and pin down around the pants. **If using elastic waste band pants stretch them out before pinning to the paper.
2. Trace around the pants: Keep a 1/2" distance away from the pants at either side, and 1.5" away from the top and bottom legs. Unpin and cut out your pattern.
3. Measure the length of your pattern and double the measurement. This is the amount of fabric you will need.
4. Fold the fabric in half, lining up the selvage edges. Pin your pattern to the fabric at the fold and cut out. This creates your first set of back and front pieces. Repeat this step a second time to create another set.
5. Fold one of your pant lets in half for the right sides are together. Pin and sew along the small seam side where the curve is using a 1/2" seam allowance. Repeat this step to create a second pant leg.
6. Turn one of the pant legs right side out. Take the wrong side out pant leg and place it inside of the pant leg that is right side out.

Directions

7. Line up the two pant legs along the curve part. Pin and stitch along the curve using a 1/2 inch seam allowance. Pull out the leg to get what will look like an almost finished pair of pants.

8. Turn the pants back inside out. Fold the top edge down 1/4" and press. Then fold down 1 1/4" and press again. Pin down and sew around leaving a 1.5-2" opening for elastic to go through. **Make sure to sew no less than 1" from top fold to make sure your elastic can have room to be put in.

9. Cut a piece of elastic the size of your waist and add 1". Pin a safety pin to one end of the elastic and use this to guide the elastic through the waist band opening.

10. Once elastic is through, overlap it by 1/2", pin, and sew together. Let the elastic slide back into the waist band. Sew your opening closed using a slip stitch (also known as an invisible stitch). *We suggest to do a few rows of stitching within the 1/2" overlap to make sure the elastic stays secure.

11. With the pants still inside out, turn the bottom hem up 1/2", then again another 1/2", pin, and sew all the way around creating a rolled hem to encase the raw edge. Repeat this step on the other leg.

12. Turn pants back right side out, wear, and enjoy watching your favorite team play!

13. OPTIONAL: If you want more of a Jogger look, purchase one pack or 1 yard of 1/2" wide elastic. When doing step 11, do not sew all the way around. Use your safety pin to slide the elastic through, over lap 1/2", stitch elastic together, then stitch up open