



Heart Pocket Apron

SKILL LEVEL: Intermediate

CRAFTING TIME: 3-4 Hours

COURTESY OF FABRIC TRADITIONS

Supplies & Tools

- 1 Yard Pink or Red Fabric Traditions Fabric
- 1 Yard White on White Fabric Traditions Fabric
- Coordinating thread
- Basic Sewing Materials (Scissors, Ruler, sewing needles, pins)
- Iron and Ironing Board

Directions

- Make a pattern for the apron. Cut a piece of paper 26"x16" and fold in half lengthwise.
- 1.** Round off the bottom edges and cut along the line. We used a bowl to help get the perfect arch.
 - 2.** Using your pattern template, cut 1 piece from the colored fabric and 1 from the white on white fabric.

Cut 3 strips of fabric 3.5" wide by 44" from the colored fabric and stitch two of those strips together. Cut 2 more strips of colored fabric at 3.5" wide by 22.5" long and stitch to each end of the remaining 44" strip. Fold both strips in half length wise with wrong sides together and press flat.
 - 3.** Create a heart template for your pocket. You can either print out a heart from the computer, or take a blank sheet of paper, fold it in half and cut half a heart on the fold.
 - 4.** Using this template, cut out a heart from your colored fabric. Place the heart on the center of the white on white colored apron piece and use a zig-zag stitch to hold in place. Make sure to leave an opening at the top to form a pocket. Set to the side.
 - 5.** Take your colored fabric apron piece and place it right side up on your work station. With the strip containing the two 3.5" by 44" pieces sewn together, create pin tucks at 1" intervals along the edge of your apron piece making sure both pieces have the raw edges lined up together. Baste stitch in place.

COURTESY OF FABRIC TRADITIONS

Directions

- Taking both apron pieces, place them right sides together. Pin around the edges leaving the top raw edges open and stitch in place. Turn with right sides and pleats facing out and press flat.
- 6.** Taking both apron pieces, place them right sides together. Pin around the edges leaving the top raw edges open and stitch in place. Turn with right sides and pleats facing out and press flat.
 - 7.** Sew two rows of basting stitches along the top raw edge of the apron and gather.
- Using the unused strip of fabric, unfold, and pin the center to the center of the apron along the raw edges with right sides together. Fit the gathered top of the apron between the two seams and pin so the seams are 2" past the pleating. Baste in place.
- 8.** Using the unused strip of fabric, unfold, and pin the center to the center of the apron along the raw edges with right sides together. Fit the gathered top of the apron between the two seams and pin so the seams are 2" past the pleating. Baste in place.
- Fold in the raw edges on the short ends of the now created waist band 1/4" and press.
- 9.** Fold this band over the top of your apron concealing the raw edge. Make sure to turn in all raw edges before sewing around the entire waistband of the apron.
- 10.** Wear and Enjoy!

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