



## Pillow Case Dress

SKILL LEVEL: Beginner

CRAFTING TIME: 2-3 Hours

COURTESY OF FABRIC TRADITIONS

## Supplies & Tools

- 1 yd Fabric Traditions Fabric for main body
- ½ yd Fabric Traditions Fabric for band
- Marking pen or chalk
- Matching thread
- Basic Sewing Materials (Scissors, Ruler, sewing needles, pins)

## Directions

Cutting - Use the chart below for the width of the dress. Cut 2 pcs (the width by your length measurements). For the length, measure from the nape of the neck to your desired length then subtract 2" for the band.

Dress Front and Back:

Size	4-5	6-7	8-10
<b>1.</b> Cut 2 pcs.	21"	22"	23"

Contrast Band:

Cut 2 pcs. - Width of dress by 7"

Strap:

Cut 2 pcs 2" by 30"

- 2.** Fold the front rectangle in half. Measure 10" from the fold to outer edge. Measure down from the top corner 6". Draw a line attaching the points and cut corner off. Repeat with the back rectangle.
- 3.** Hem the angled edges by folding in ¼ inch then another ¼ in to the wrong side of the fabric. Press and stitch as close to the edge as possible. Repeat with the back fabric
- 4.** Fold the top edges of the dress ¼ inch and then 1 inch to the back. Press and stitch to create a casing. Repeat with the back fabric.

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## Directions

- 5.** With right sides together, stitch the front and back of the dress together down the two straight sides.
- 6.** With right sides together stitch the front and back band together.
- 7.** Fold the band in half with wrong sides together making sure to line up the raw edges. Baste stitch around the raw edges.
- 8.** Turn the dress right side out.
- 9.** Place the band on the outside of the lower edge of the dress, lining up the raw edges of the dress with the raw edges of the band. Stitch all around the band and press.
- 10.** To make the strap stitch the two pieces together on one of the shorter edges. Fold this long piece in half lengthwise and stitch on all three sides leaving a 3 inch opening in the center for turning. Turn and press and close the hole.
- 11.** Attach a safety pin on one end of the trap and weave through the front and back casing. After trying the dress on, you can stitch through the ends of the casing to keep the strap in place.

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