

fabric traditions



Americana Knotted Headband

SKILL LEVEL: Beginner

CRAFTING TIME: 1 hour

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Supplies & Tools

- ¼ yard FT pattern 16523-X
- 1 inch wide elastic cut to 3 inches
- Sewing Machine and matching thread
- Basic Sewing Supplies (Scissors, Ruler, sewing needles, pins)

Directions

- 1.** Prep your fabric for sewing by cutting 2 pieces of 18 inch by 5 inch rectangles for your ties. Cut 1 piece for your elastic casing at 7 inch by 3 inch.

With one of your tie pieces, fold in half length wise lining up raw edges right sides together, pin. Cut an slight angle or curve on one of the short ends for your “bow” tip. Repeat this step for your second tie piece.
- 2.**
- 3.** Leaving the short edge open and using a ¼ inch seam allowance, stitch along the raw edge on one of your tie pieces. Turn right side out and repeat this step for the second tie piece.
- 4.** To make the elastic casing fold your 7 inch by 3 inch piece in half lengthwise with right sides together.

Using a ¼ inch seam allowance stitch down the long edge, leaving both short ends open, and turn right side out. Press flat making sure the seam is centered on one side of the tube.
- 5.**
- 6.** Feed your elastic through the casing using a safety pin. Stitch the elastic at both ends of the casing so it gathers.

With one of your tie pieces, match the raw edge with one raw edge of your casing piece. Your tie piece will be wider then the casing therefore you will need to create a pleat to make sure it is the same width. Pin and stitch in place. Complete this step with the second tie piece. Finish the seams with a zigzag stitch or serger.
- 7.**
- 8.** Tie the two angled endgs into a knot and place on your head!

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